

ALLERGEN MENU

All our food is prepared in a kitchen where nuts, gluten and other known allergens maybe present.
Please note we take caution to prevent cross-contamination, however, any product may contain traces as all menu items are produced in the same kitchen

PUB MENU ALLERGENS

BRUNCH

SMASHED AVO & VEGAN FETA (ve)
G (Wheat)

SMASHED AVO, BACON & EGGS
G (Wheat) . E

EGGS BENEDICT
G (Wheat) . So . E . Mi

EGGS ROYALE
G (Wheat) . So . E . Mi . F

EGGS FLORENTINE
G (Wheat) . So . E . Mi

SWEETCORN PANCAKES
G (Wheat) . E . Mi

SUNDAY LUNCH

SUNDAY LUNCH TRIMMINGS
Ce . G . E . Mi . Su

FRIES
none of the 14 allergens

SANDWICHES

FILLINGS

CROQUE MONSIEUR
Mi . Mu . Su

CROQUE MADAME
E . Mi . Mu . Su

GRILLED CHEESE & ONION (v)
Mi . Mu . Su

BLT
Mu . Su

ALT (ve)
Mu . So . Su

SALMON & DILL
F . Mi . Mu

BREAD

WHITE
G (Wheat) . So

BROWN
G (Wheat) . So

GLUTEN FREE
E

BAGEL
G (Wheat, Rye)

ALLERGEN KEY

Ce - Celery	Mo - Molluscs
G - Gluten	Mu - Mustard
Cr - Crustaceans	N - Nuts
E - Eggs	P - Peanuts
F - Fish	Se - Sesame Seeds
L - Lupin	So - Soya
Mi - Milk	Sul - Sulphites

(V) - vegetarian

(ve) - vegan

(gf) - gluten friendly

(gfa) - gluten friendly option available

BREAKFAST ALLERGENS

CONTINENTAL BUFFET

YOGHURTS
Mi

GLUTEN FREE BREAD
E

CROISSANTS
G (Wheat) . E . Mi

PRESERVES
None of the 14 Allergens

DANISH PASTRIES
G (Wheat) . E . Mi . N (Almonds)

HAM
None of the 14 Allergens

WHITE & BROWN BREAD
G (Wheat) . So

CHORIZO
Mi . So

BAGELS
G (Wheat)

CHEESE
Mi

DRIED FRUIT & NUTS

Almonds – N (Almonds) / Hazelnuts – N (Hazelnuts) / Banana Chips – None / Dried Apricots – None
Dried Plums – None / Pumpkin Seeds – None

CEREALS

Weetabix – G (Wheat, Barley) / Corn Flakes – G (Barley) / Coco Pops – G (Barley) /
Rice Krispies – G (Barley) / Bran Flakes – G (Barley) / Muesli – G (Wheat, Oats) . Mi . N (Almonds, Hazelnuts)
Shredded Wheat – G (Wheat) / Granola – G (Oats, Wheat , Barley)

COOKED BREAKFAST

FULL ENGLISH

Sausage – G (Wheat) . Su / Black Pudding – G (Wheat, Barley, Oatmeal) / Scrambled Eggs – E . Mi
Poached or Fried Eggs – E

FULL VEGAN

Vegan Sausage – G (Wheat)

EGGS BENEDICT, ROYALE, FLORENTINE

Muffin – G (Wheat) . So / Hollandaise – E . Mi / Poached Egg – E / Smoked Salmon – F

SCRAMBLED EGGS ON TOAST

White or Brown Toast – G (Wheat) . So / Scrambled Eggs – E . Mi / Smoked Salmon – F

SMASHED AVOCADO ON TOAST

White or Brown Toast – G (Wheat) . So / Poached Eggs – E

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AFTERNOON TEA ALLERGENS

SANDWICHES

SMOKED SALMON & CREME FRAICHE

G (Wheat) . E . F . Mi

EGG MAYONNAISE & CRESS (v)

G (Wheat) . E . Mi . Mu

CREAM CHEESE & CUCUMBER (v)

G (Wheat) . E . Mi

CORONATION CHICKEN

G (Wheat) . E . Mi

SCONES

SCONES

G (Wheat) . E . Mi

CLOTTED CREAM

Mi

STRAWBERRY JAM

None of the 14 Allergens

SWEET TREATS

VICTORIA SPONGE

G (Wheat) . E . Mi

WHITE CHOCOLATE & PASSION FRUIT TART

G (Wheat) . E . Mi . Mu

YOGHURT & LEMON CAKE

G (Wheat) . E . Mi

HONEY BISCUIT PAVLOVA

E . Mi

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